## 1. Celebrating Recovery House Mission, Vision and Purpose:

# **Mission**:

To walk with those who CHOOSE to live addiction free.

# **Vision**:

To SEE those once bound by addictions set free by the power of Christ.

## **Purpose**:

Psalm 40:2 He lifted me out of the pit of despair, out of the mud and the mire, He set my feet on solid ground and steadied me as I walked along.

### 2. Phases Defined

#### <u>Phase 1</u>: Fresh Start

During this important part of recovery, the guest is encouraged to grow in understanding of themselves as well as developing a relationship with God. They are part of a structured, scheduled environment with physical development opportunities and personal development through small groups, classes and one-on-one mentoring. All activities are on campus and this phase is estimated to take 4 months to complete.

#### <u>Phase 2</u>: Growing Roots

At this phase of recovery guests focus on developing an intimate relationship with God as well as with each other. With a strong emphasis in the study of God's Word, daily praise and worship, discipleship, studies and daily chores, guests begin to trust and rely on God as well as one another. At this point in the process, there are monthly family days when families are welcome to come for a day of visiting and fellowship. Guests are encouraged to correspond with their loved ones via weekly phone calls. Work and ministry training programs with prospective employers will be arranged as guests slowly begin integrating back into the community. This phase is estimated to take 4 months to complete.

#### Phase 3: Into Action

This process closely resembles what most would consider "normal life". Guests report to training facilities 35-50 hours per week, have more freedom to make good choices while still under the authority of the CR House. Guests have weekly requirements they must meet like small group and mentor's meetings and all of these activities begin to slowly shift from a focus on personal growth and development to focus on prayer and preparations for the future. This phase is estimated to take 4 months to complete.

#### Phase 4: Accountability House & Boots on the Ground

This final phase is for guests who have successfully completed phase 1 - 3 and have a desire to effect change in Springfield. As a member of the "Accountably House" guests are required to have full time employment and are afforded structured living arrangements where they are only required to cover utilities in the house with a focus and commitment to outreach to others. This phase is estimated to take 4 months to complete.

## 3. Intake Information

Thinking about entering the CR House? Want to know how we can offer a ministry like this at **no cost**? Come to a Thursday Orientation and find out!

<u>Who</u>: Potential applicants, family members, friends, community members, church members - anyone is welcome! Come check out the CR House Program for yourself. The first step every applicant must take to enter the ministry is to attend a CR House Orientation, held Thursday's at 10:00am at:

My Church – Built Upon the Rock 340 South Plum Street Springfield, Ohio 45506

8:30 am - 9:30 am - Registration

10:00 am – 11:00 am - Information session will cover the following;

- 13-month Program Overview
- Current and alumni testimonies
- Open Question & Answer

11:30am-1:30pm - Applicant interviews

Interview times are dependent on the number of applicants each week, but please note: Applicants must attend information session to be considered for an interview.

Applicants should come prepared to enter the same day!

The following is a list of items that may be brought in. We can supply these items if necessary.

- 1 Bible & notebook
- 8 pairs of pants
- 8 shirts
- 3 pairs of shoes
- 3 sweaters or sweatshirts
- 8 pairs socks & underwear
- Personal hygiene products (no alcohol)
- 1 shampoo, 1 conditioner, 1 body wash/soap, 1 deodorant, 1 non-electric toothbrush, 1 tube of toothpaste, 1 bag of non-electric razors, 1 can shaving cream, 1 hair style product.

Anyone bringing anything beyond the items listed above will be required to donate extra items to the ministry. We do not have enough storage for everyone's personal items, so please do not plan to bring them unless specified! (Exceptions are determined on a case-by-case basis.)

**Please note** the following conditions are Prohibitions to Entry and this applies to all applicants and we cannot accept applicants who have:

- 1. Open or active warrants; all probation/parole appointments must be non-reporting or phone-reporting (not in person); no scheduled upcoming criminal court dates or future criminal indictments.
- 2. Been sentenced to The CR House "in lieu of" incarceration. Often, we find that people forced to come because of legal issues are not here for the right reasons.
- 3. Currently paying (or in arrears on) child support will need either:
- a. A written response from the case manager stating that payments may be placed on hold or deferred until the completion of the 13 months of the ministry, OR
- b. Written communication from a friend or family member who will be paying the child support payment for the duration of the 13 months of the ministry.
- 4. If they are required to register as sex offenders.
- 5. Already completed the Celebrating Recovery House Ministry will not be considered for re-entry. We can, however, offer support through Champions groups, local churches and alumni connections, as well as recommendations for other recovery programs if necessary.
  - For more information, attend Orientation or contact us at info@crhouseohio.com

Please note the following conditions for admission to the CR House. These are <u>non-negotiable</u>.

- 1. We do not allow any prescription medications that are considered "mood altering". Please consult your physician prior to making any decisions concerning prescribed medication. A letter from your physician <u>may be required</u> for entry into The CR House.
- 2. We are a working ministry, so any applicant currently earning disability must be willing to relinquish it, because legally he/she cannot simultaneously work for the CR House and stay on disability.
- 3. We will consider allowing an applicant with open traffic issues or outstanding fines to enter the CR House, provided they are not required to attend a court appearance. If any fines may result in a warrant for arrest, we will need written agreement from a friend or family member that they will take care of the fine.

### 4. CR House Rules and Guidelines

The CR House of 'Changing Lives Now' ministry provides faith based sober living to assist men and women in recovery from substance dependency and/or other hurts, habits and hang-ups.

- 1. Possession or use of cell phones, alcohol, drugs, tobacco products (including vapors) or weapons is strictly prohibited. Possession includes anywhere on 'CR House' property. This includes any product that contains alcohol (i.e.), mouthwash, after-shave, over counter medicines, etc. All prescribed and over the counter drugs must be held and dispensed by the House Manager. Violation will result in discharge.
- 2. Alcohol, tobacco products (including vapors) and drug testing is mandatory and random. If asked to submit to testing you must do so immediately. If the results are positive or the guest refuses the test, the guest will be immediately discharged or offered appropriate consequences to be determined by the CR House Director, this is not a CR House Manager decision.
- 3. All ID information must be submitted within 3 days of moving in.
- 4. No changes, improvements, decorating or repairs are to be done to any part of the property without the CR House Manager's approval. This includes appliances, moving and/or adding furniture, moving and/or adding pictures, photos and posters on the walls.
- 5. No incense, candles or anything flammable allowed anywhere in the house at any time to include matches and lighters.
- 6. Respect and treat your housemates as you would want to be treated.
  - a. Bedroom areas must be kept in order. You are responsible for keeping your area (bed, locker, etc.), neat and tidy at all times... no exceptions.
  - b. Keep shower time to 10 15 minutes.
  - c. Do not monopolize areas such as the kitchen and bathroom so that everyone gets a turn in a timely manner.
  - d. Do not use anyone else's personal items.
  - e. Quiet time is from 10:00 PM to 7:00 AM. Be considerate of other and noise is to be kept at a respectable level at all times.
  - f. All electrical items are switched off when leaving an area (room) not occupied.
  - g. Be sure to lock all doors and windows when leaving the CR House.
  - h. A chore list will be posted weekly.
    - i. Chores are to be done daily and must be checked and signed off by the House Manager.
    - ii. Beds must be made each morning.

- iii. Nothing on the floors but shoes & nothing on the beds but linens. Everything else is to be put away.
- iv. No food or drink in upstairs.
- 7. All doctor appointments must be approved in advance by the House Manager, other than emergencies.

**NOTE**: The guest must advise the doctor upfront of their alcohol and/or drug addiction and limitation on medications. Failure to properly inform doctors will result in discharge.

- 8. Profanity, slang and reliving the past is prohibited.
- 9. Support means doing together what we could not do alone. Guests are expected to support one another.
- 10. No debt shall be incurred between any guests or with guests. This includes loans and sales.
- 11. We have no guest bosses in the CR House, only the House Manager.
- 12. Absolutely no pornography (pornographic materials---any type of nudity) in the house; if found it will be treated as a relapse and immediate dismissal from the house will occur.
- 13. Guests will have a formal Assessment Report done in the first 7 days.
- 14. Attendance at CR House meetings is mandatory, these will be scheduled and posted.
- 15. Visitors must be scheduled and approved and will meet in designated area.
  - a. Guests will complete mandatory classes before visitation is authorized
  - b. Guests cannot bring in any personal items.
- 16. If any rules/guidelines are broken (unless excused) or required meetings are missed this will be considered as grounds for dismissal.
- 17. Employment is not authorized during Phase I or II.
- 18. All revealing or un-proper clothing as determined by the CR House staff will be confiscated and disposed of.
- 19. All jewelry that convey sensuality or rebellious behavior will be removed and disposed of to include but not limited to: ear, nipple, belly, tongue, eyebrow, nose and any other.

- 20. Hair for men will be a maximum of 1 inch in length, no braids or cornrows allowed. Facial hair will be no longer than ¼ of an inch and neatly groomed at all times.
- 21. Upon intake, you must take care of your personal hygiene. You will wear your hair neatly, change your clothing daily and shower daily. This will be done daily without being reminded.
- 22. You will bag up any/all clothing allowed to be brought into the house!
- 23. Screening for drugs, alcohol, nicotine is mandatory and random for all guests at any time.
- 24. All guests must participate in classes and activities as directed.
- 25. Departure times, arrival times, bed times, wake up times and any other "time" will be punctual and adhered to.
- 26. Guests of the CR House cannot use the CR House street address for their mail. If you cannot use your current home address or if you do not have a home address it will be necessary for you to setup a Post Office Box (PO Box) should you desire one.
- 27. Attitude of gratitude is required.
  - a. Threatening, violent, and/or aggressive behavior, dishonesty, undermining authority or the recovery process, and enabling are grounds for immediate discharge.
  - b. Bad mouthing of the CR House Manager, Staff, or any other person will not be tolerated. CR House problems will be discussed at house meetings.
  - c. Enabling another guest to break any rule may have the same consequences as the person breaking the rule.
  - d. Violation of any part of this rule will result in discharge.
- 28. Additional and separate rules, restrictions, limitations etc. might be imposed at the CR House Managers discretion based on the individual's history or performance.
- 29. Lost or stolen property is not the responsibility of the CR House at any time.
- 30. If guest leaves or is discharged and is noncompliant, their property will be held for 24 hours and then disposed of at the discretion of the CR House Manager.
- 31. Church Rules are as follows
  - a. Church is a privilege while in the program and you need to remember you are in a structured program and all rules apply, regardless of your location, to include

"church" and wherever that location is at. All guests are to be together at all times as directed and never out of sight or along with anyone without consent of the director, house manager or another person running the program. There are no exceptions to this policy.

- b. There is to be no pan handling, begging, asking, giving or receiving of anything without permission of director, house manager or another person running the program.
- c. Remember you are in a controlled program and you will lose church privileges, training privileges and possibly be expelled if you do not follow the rules of the CR House, regardless of your location to include but not limited to church.
- 32. I understand and agree if asked or directed to leave the premises, I agree to leave immediately and not return! My property (as inventoried during intake) will be packed by the house manager and will be made available for me to pickup in 24 hours at the CR House Campus (not home) and that I will pick up my property within 72 hours after my departure. All other property belongs to the CR House.

Guest Printed Name	Guest Signature	
Intake Workers Name	Guest Signature	

"All scripture is God-breathed and is useful for teaching, rebuking, correcting and training for righteous, so that the man of God may be thoroughly equipped for every good work."

2 Timothy 3:16-17